



INDIVIDUAL  
ADR PLEDGE

*I recognize that for many disputes there is a less expensive,  
more effective method of resolution than the traditional lawsuit.*

*Alternative Dispute Resolution (ADR) procedures involve collaborative techniques,  
which can often spare individuals the high costs of litigation, the in-ordinate delay  
and the destruction of long standing relationships.*

In recognition of the foregoing, I hereby endorse ADR and subscribe  
to the following statement of principle :

In the event of a dispute with person, corporation or third party, I pledges  
to enter into dialogue and settle the dispute through negotiation, mediation  
or any ADR technique before pursuing full-scale litigation.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_